



NVC Nashville

Learning, Practicing & Sharing NVC in Middle Tennessee

Breakthroughs in Brain Science Meet Nonviolent Communication (NVC) with Susan Skye

March 27 to March 29, 2015 in Nashville, TN

Friday, 10 a.m.—5 p.m.; Saturday, 10 a.m. – 6 p.m.; Sunday, 10 a.m. – 4 p.m.

15.0 credit hours available for Licensed Professional Counselors

Have you ever:

- Felt frustrated because the values you hold dear are not always expressed in your words and actions?
- Wondered how and why you get triggered into fear, anger, guilt, or shame?
- Hoped to unravel the mystery of failed relationships?
- Looked for proven healing processes that transform even persistent patterns of emotional reactivity (fight, flight, freeze) into emotional calm and stability?
- Wished for a personal road map to self-empowerment? A guide to lasting well-being, authenticity, self-worth, and inner peace?

Living NVC can be very challenging. Susan Skye, CNVC certified trainer for over twenty years and founder of the NVC Training Institute, has also grappled with these questions. As she observed the incredible prevalence and impact of early childhood trauma and neglect (estimated to affect over 50% of our population) and then learned about the amazing and wonderful breakthroughs in neuroscience, Susan began to understand why we are emotionally reactive and how old childhood strategies can become obstacles to connection and well-being. **Come discover the worlds of possibilities that open up when the latest brain science findings are used to restore our birthright of emotional health and well being.** For more information about Susan's work visit NewDepths.org



Susan Skye creator of New Depths, has an M.A. in Psychology and graduated from Bryn Mawr College and Yale University. She's been in private consulting practice for more than 35 years, and has been a Certified Trainer with the Center for Nonviolent Communication (CNVC) for more than 22 years. Since 1975, Susan has conducted a wide variety of self-development trainings in the U.S., Canada, Europe, and South Korea. In 2000, she co-founded the NVC Training Institute to provide advanced NVC training worldwide.

TLPCA has been approved by NBCC as an Approved Continuing Education Provider, #6376. Programs that do not qualify for NBCC credit are clearly identified. TLPCA is solely responsible for all aspects of this program.

Early Registration - by midnight 2/16/2015 - \$210

Registration - after 2/16/2015 - \$250

REGISTER AT: <http://nvcnashville.org/2014/brain-science-meets-nvc/>