



Finding the Joy in Parenting Children of All Ages ... even when it's challenging!

Conflict to Cooperation Friday, Apr. 5, 2013	True Parenting Power Saturday, Apr. 6, 2013	Boundaries, Values, Guidance Sunday, Apr. 7, 2013
<ul style="list-style-type: none"> • Turn power struggles into cooperation • Understand and respond to difficult behaviors <p style="text-align: center; margin-top: 20px;"> Free Public Lecture West End Middle School 3529 West End Avenue Nashville, TN 37205 7:00-8:30 PM </p>	<ul style="list-style-type: none"> • Discover the power to help you and your kids thrive • Learn parenting tools that make sense <i>and</i> feel good <p style="text-align: center; margin-top: 20px;"> Workshop Green Hills Senior Health Cntr. 2001 Woodmont Boulevard Nashville, TN 37215 9:00-5:00 (Registration: 8:30 AM) </p>	<ul style="list-style-type: none"> • Balance choice with boundaries to create family harmony • Respond effectively to parenting challenges <p style="text-align: center; margin-top: 20px;"> Workshop Green Hills Senior Health Cntr. 2001 Woodmont Boulevard Nashville, TN 37215 9:00-5:00 (Registration: 8:30 AM) </p>

	Register by March 15, 2013	Registration fee after March 15
Public Lecture	Free (donations welcome)	Free (donations welcome)
One workshop	\$75.00	\$100.00
Two workshops	\$120.00*	\$160.00*

* You may alternate days of attendance with a spouse or friend for one registration fee.

Registration and Financial Aid Information at:

www.nvcnashville.org



Sponsored by Nonviolent Communication Nashville (NVCN)

Compassionate-parenting advocate and author **Ingrid Bauer** has been working with children for over 35 years and has been teaching about compassionate parenting for over 20 years. Ingrid is an internationally certified NVC trainer and offers workshops for individuals, schools, child-care educators, parent and home-schooling groups, and community organizations. She has organized and led over a dozen NVC family camps in Canada, the U.S., and Europe, and also offers private counseling and parent coaching <www.nvcparenting.com>. Ingrid has four children ages 27, 15, 11, and 5, and lives with her family on Saltspring Island, British Columbia, Canada.

Using nonviolent/compassionate communication skills to parent and grandparent as you always knew you could.

Questions: contact Barbara Nicholson, attparents@aol.com 615-300-7161.